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About Sebastian Borja, MD

Dr. Sebastian Borja loves the opportunity to serve patients. “Being able to get to know them and develop a great doctor-patient relationship is one of my favorite parts of this profession,” he explains. He strives to learn his patients’ motivations, so he can better assist them in achieving their health goals. Dr. Borja especially enjoys caring for the senior population, explaining that they are “one of the most vulnerable populations in society that needs protection and understanding.” To keep up with the latest medical advancements, he listens to podcasts and reads new and upcoming articles.

When he is not caring for patients, Dr. Borja enjoys running. He also likes singing and playing the ukulele.

Sebastian Borja, MD

LANGUAGES SPOKEN

English
Spanish

SPECIALTIES Primary Care

EDUCATION
Pontifical Catholic University of Ecuador
Norwalk Hospital, Yale School of Medicine

ASSOCIATIONS
American College of Physicians
American College of Gastroenterology

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