

Evaristo San Jose Alvarez, MD

LANGUAGES SPOKEN
English
Spanish

EDUCATION
Universidad de Ciencias Médicas de Santiago de Cuba
University of the Sacred Heart

PRACTICING SINCE
1995

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About Evaristo San Jose Alvarez, MD

Dr. Evaristo San Jose Alvarez pursued medicine to make a meaningful difference in people's lives through compassionate, patient-centered care. His experience in family medicine and hospice has deepened his commitment to treating the whole person — not just the disease. "Working with older adults is especially rewarding because I enjoy building lasting relationships, helping them maintain their independence, and improving their quality of life," he says.

Dr. San Jose Alvarez builds trust through empathy, honesty, and consistency — listening carefully, explaining conditions and treatment plans in clear language, and involving patients and their families in shared decision-making. His focus on preventive care, early intervention, and chronic disease management helps patients stay active and independent for as long as possible. "I consider it a privilege to care for my patients," he says. "My goal is for every person to leave each visit feeling heard, respected, and better informed about their health."

When not with patients, Dr. San Jose Alvarez enjoys spending quality time with his wife and daughter, traveling, fishing, staying active, and continuing to grow both personally and professionally.

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